



# FREE TRAINING

For Parkfield Patients

Join us to learn how you could save a life and how to perform **CPR** and use a **Defibrillator**

**Tuesday 11<sup>th</sup> March 2025**

**10.30am – 12.30pm (please arrive by 10.20)**

**At United Reformed Church**

**Darkes Lane, Potters Bar**

Spaces available, to book  
Speak to Janice Neal 01707 652889 or email:  
[friendsofparkfieldppg@gmail.com](mailto:friendsofparkfieldppg@gmail.com)