

## Sun 5th May

Drop in from 11am to 3pm

Holywell Community Centre Chaffinch Lane, Watford, WD18 9QD



A free event for ethnically diverse communities living in West Hertfordshire

## Be part of our Health, Action and Wellbeing Event Lots of ways for communities to be involved

Free health checks and wellbeing activities

**Competition:** complete a simple healthy activity and share your story at the event. Cash prizes to be won. See the Competition Leaflet for more info.

**Cultural entertainment:** local groups to provide singing, dancing, music. Sponsorship for all groups taking part.

**Community Speakers:** Strengthen your voice, share your lived experiences & local knowledge. Promote your group and service.

Marketplace: Stalls to show & sell cultural craft and products.

CDA Herts

bringing together people

DA 🚱 Please contact us to take part & for more information

connectedcommunities@cdaherts.org.uk







