

# CONNECTED COMMUNITIES

Sat 27th April

Drop in from  
11am to 3pm

7th Harlow Scout Group,  
Manor Hall, Harlow, CM18 6EG



A free event for ethnically diverse communities living in  
**West Essex**

Be part of our Health, Action and Wellbeing Event  
Lots of ways for communities to be involved

## Free health checks and wellbeing activities

**Competition:** complete a simple healthy activity and share your story at the event. **Cash prizes to be won. See the Competition Leaflet for more info.**

**Cultural entertainment:** local groups to provide singing, dancing, music. **Sponsorship for all groups taking part.**

**Community Speakers:** Strengthen your voice, share your lived experiences & local knowledge. **Promote your group and service.**

**Marketplace:** Stalls to **show & sell** cultural craft and products.



Please contact us to take part & for more information

[connectedcommunities@cdaherts.org.uk](mailto:connectedcommunities@cdaherts.org.uk)



If you have transport needs to attend, please let us know, we will help.