



Health, Action & Wellbeing Events

COMPETITION

Healthy activities competition.

Cash prizes for the winners!

It is easy to take part!

Undertake a new healthy activity;

**Walk, cycle, garden, cook a healthy meal, healthy advice sessions,
clearing a space and more!**

**Join us & share the story of your healthy activity, bring a photo,
drawing or poster.**

Winners will be voted for at each community event.

***Community Events:**

Drop in from:

Stevenage Arts & Leisure Centre - Sat 13th April - 10am to 2pm

7th Harlow Scout Group Hut - Sat 27th April - 11am to 3pm

Holywell Community Centre, Watford - Sun 5th May - 11am to 3pm

For more information, email us at connectedcommunities@cdaherts.org.uk

