
PARKFIELD MEDICAL CENTRE

NEWSFLASH

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March 2020

CORONA VIRUS UPDATE

The latest guidance for patients is as follows:

If you have been in an affected area in the past 14 days or have been in contact with someone who has the Corona Virus AND you have a cough, fever and or shortness of breath you should go to NHS111 online-

<https://111.nhs.uk>

If you do not have access to a computer **CALL 111**.

In order to protect yourself and others it is important that you do not come to the GP surgery.

For more information visit:

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

CERVICAL SCREENING

The best way to protect you from cervical cancer is by attending for a smear test when invited. Women aged 25 to 49 are invited every 3 years and women aged 50 to 64 are invited every 5 years. If you receive an invitation either from NHS England or from the surgery please make an appointment with one of our nurses. We are running some Saturday morning clinics for smear appointments for the convenience of those that are unable to attend during the week.

HAND HYGIENE

Coronavirus spreads from person to person via droplets of infected fluid. These are passed on via touch, direct hand to hand contact or from contaminated surfaces, or when someone standing close to an infected person breathes in droplets that have been coughed or sneezed into the air.

Experts say spending time focusing on hand hygiene can help you reduce your risk of picking up coronavirus, as well as any other number of infectious diseases.

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water. Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands. Wash hands for at least 20 seconds.

If you cough or sneeze, use a tissue to cover your mouth and nose, throw it away carefully after use and wash your hands. The message is: **Catch it, Bin it, Kill it.**

If you are visiting the surgery use the sanitised hand gel which is present throughout the building.

SAFE SURGERIES CAMPAIGN

Parkfield has signed up to 'Safe Surgeries' in partnership with Doctors of the World UK. This is in recognition of the barriers to healthcare access faced by people in vulnerable circumstances, including migrants. Everyone living in the UK has the right to register with a GP.

We will ensure that our practice offers a welcoming space for everyone who seeks access to our services. Our registration policy does not discriminate on race, gender, sexual orientation, immigrations status or any other characteristic. We do not ask for identification, proof of address, immigration status or language when registering as a patient.

STAFF TRAINING

The practice will be closed on Wednesday 11th March 1 – 2 pm for staff training.

DR FARHAN CHOWDHURY

Dr Chowdhury will be leaving the practice on 18th March 2020.

Dr Vijay Poinosawmy will be covering some of his Wednesday and Thursday surgeries until further notice.